



From mountaintop to wilderness to mission

DR. DAINTEE JONES-CLARK

PRESIDENT & FOUNDER, THE DIGNITY IN DIRECTION GROUP

Mountaintop – wilderness - mission

- ▶ This chapter examines the prophet Elijah as he runs from Queen Jezebel
- ▶ The mountaintop – Mount Carmel – 1 Kings 18
 - ▶ He built an altar, held a contest of gods, received fire from Jehovah
- ▶ The wilderness – 1 Kings 19:4
 - ▶ He asked God to end his life
- ▶ The mission – Mount Horeb (Sinai) - 1 Kings 19: 15-18
 - ▶ He received God's instructions

Phobias (Fears)

- ▶ Elijah was afraid of Jezebel, so he ran for his life – 1 Kings 19:3
- ▶ Here are a few phobias
 - ▶ Kakorrhaphiaphobia, graphophobia, hamartophobia
 - ▶ Thassophobia, Logophobia, Peniphobia
 - ▶ Satanophobia, Ecclesiophobia, Atelophobia, Gamophobia

P.R.A.I.S.E. Method

- ▶ 1 Kings 19 reveals a method for dealing with fear – P.R.A.I.S.E. method
 - ▶ **P**hobia recognition – 1 Kings 19:3
 - ▶ **R**emember God's grace – 1 Kings 19:5
 - ▶ **A**nswer the **I**nquiries from God – 1 Kings 19:9-10
 - ▶ **S**eek God's word for your fear – 1 Kings 19:8-9
 - ▶ **E**mbrace God's quiet voice – 1 Kings 19:12-15

P.R.A.I.S.E. assessment

- ▶ Which phobia will you examine?
- ▶ How has God provided rest and provision during your wilderness (phobia-focused) period?
- ▶ What was the trigger that caused your fear?
- ▶ What can you state about your power, God's love, and about a sound mind (2 Timothy 1:7) as it relates to a phobia that affects you?
- ▶ What is God telling you about your next mission or holy assignment?

Sources

- ▶ The Bible
- ▶ *The Mountaintop to Wilderness to Mission or From Fire & Faith to Fear to Forward March – A P.R.A.I.S.E. Method* (A workshop from July 11, presented at Majestic Christian Church)
 - ▶ By Daintee Jones-Clark